

Keeping Adults Safe



What is abuse?



Abuse is when someone does something to another person that hurts them or puts their life in danger.

Anyone can be at risk of abuse.

Who can abuse?



Anyone can cause harm to another person. This could be a partner, parent, friend or support worker.

Where can abuse happen?



Abuse can happen anywhere. It could be at home, in hospital or out in public.

Types of abuse

Here are some types of abuse to watch out for:



Physical

This could be hitting someone or holding them in the wrong way.



Emotional

This could be threatening someone or making them feel upset. Emotional abuse is usually by using words.



Sexual

This is being with someone sexually when they have said no. It is also abuse if the person does not understand what is happening.

Organisational

This is when somewhere like a care home does not look after you properly.

This could also be staff coming in to your home to look after you.



Neglect

This is not giving people things that they need to survive. This could be food, drink, clothes, care, equipment or medicine.



Financial

This is stealing money, property or things that someone else owns.



Sexual Exploitation

This is where someone in a position of trust does something sexually to a vulnerable person.



Modern Slavery

This can include trading people and forcing them to work.





Discriminatory

This is treating someone differently because of their:



- race
- religion
- age
- gender
- disability
- sexual orientation



Self Neglect

This is when a person does not look after themselves.

They might not wash, take their medication or eat properly to a point where it is unsafe.



Hoarding

This is where someone might collect so many things their home becomes unsafe.

They could trip over items or it could be a fire risk.



Abuse on the Internet

This is when messages are sent to hurt, upset or embarrass someone. This could be by phone or on the internet.



Domestic Violence

This is when a person has control over someone else.

This could be threatening or violent behaviour from a partner or other family member.

What should I do if someone tells me they are being abused?



- Stay calm
- Take what you are being told seriously
- Contact Adult Social Services or the Police with that person
- Keep any evidence safe



- Do not ask for more information
- Do not assume someone else will do something to help
- Do not contact the person who has done the abuse



Who should I contact?



If you think that someone is at risk of serious harm you should call the Police.

In an emergency call 999.

If you need to report something to them call 101.



If you think someone is being abused, talk to Adult Social Services. Their contact information is on the next page.

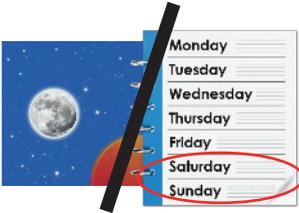
Adult Social Care

Bournemouth and Christchurch:
01202 454979



Poole:
01202 633902

Dorset Council:
01305 221016



**If you are calling in the evening or
at a weekend call:**

**Bournemouth, Christchurch and
Poole:**
0300 1239895



Dorset:
01305 858250



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